



Items to bring

- 1 backpack or day pack
- 1 medium sized duffle bag
- Bible and pens in a Ziploc bag
- Personal devotional material

- Jeans
- Shorts
- Long- and short-sleeved tops
- Sweat suit
- Socks and underwear
- Jacket (Make sure to bring a winter coat; it gets very cold at night. We are at 10,000 feet!)
- Rain gear
- Tennis shoes and hiking shoes

- Swimsuit
- Towels (for swimming/showering)

- Sleeping bag (should work for below 25°)
- Sleeping pad (recommended)
- Flashlight (canteen sells D batteries)

- Hand or body lotion
- Lip balm with sunscreen
- Personal toiletries
- Shampoo
- Soap
- Sunscreen
- Toothbrush/toothpaste
- Bug spray/mosquito repellent

- Sunglasses
- Softball glove
- Water bottle
- Playing cards
- Church offering and money for canteen punch card (\$5.00/card - 20 punches/card)

Optional items

- Address book
- Camera and film
- Gloves or mittens
- Notebook
- Stocking cap
- Small cot (ONLY 60" to 72"—if cot is too big for the tent, it will not be permitted to stay at RMCC and parents will have to take it home.)
- 33 or 39 gallon garbage bag

DO NOT bring the following:

- Cell phones (no exceptions)
- Any electronic music equipment (iPods, CD players, portable DVD players, etc.)
- Skateboards, inline skates, or scooters
- Knives, guns, or weapons of any kind
- Smoking supplies, drugs, alcoholic beverages, or chewing tobacco
- Large amounts of cash
- Fireworks of any variety
- No large plastic containers for storage due to limited space in tents
- "Munchies" or perfumed items—when these are stored in tents they attract wildlife

Anything on this list will be confiscated if found.